## C3 - 2 on 1 Situation - Both Directions - Pro

## **Key Points:**

This formation can be used for situations from a 1-1 to a 3-2.

Attackers make the first pass early when they gain the zone.

Defender deny breakaways and lateral passes in the scoring area.

Follow shots for the rebound.

Attacking 2 on 1 remember the principle; "One high, one low, one fast, one slow."

## Description:

- 1. D passes to F1. F1 and F2 skate laterally and exchange the puck.
- 2. Defender close the gap and stay between the attackers.
- 3. Go the other direction when the puck crosses the blue line.

http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090818155501847

https://youtu.be/GN85WFCADgl

