C3 Breakout and Point Shot

Key Points:

The same thing happens on both sides of the ice. Face the puck and give a target.

Description:

- 1. F1 and F2 leave and pass the puck to D1
- 2. F1 and F2 fill the wide and middle lane for a regroup pass from D1
- 3. F1 and F2 attack 2-0 and shoot.
- 4. D1 follow play then skates around circle and goes to the far point at the original end.
- 5. Either F1 or F2 shoot and the other pass to the other D1 at the point
- 6. F pass and rush the point and the other F screen for opposite D1 shot.

