C5 - Defensive 1-1 x 6 - Jasper

Key Points:

This organization works very well when you have large groups on the ice or a big difference in ability. The key is the players practice the skill and don't have to wait in line a long time. Give instruction, move from group to group progress to games without the players having to switch stations. I have used this multi net in camps around the world with either no goalies, lots of goalies or a combination of big and little nets.

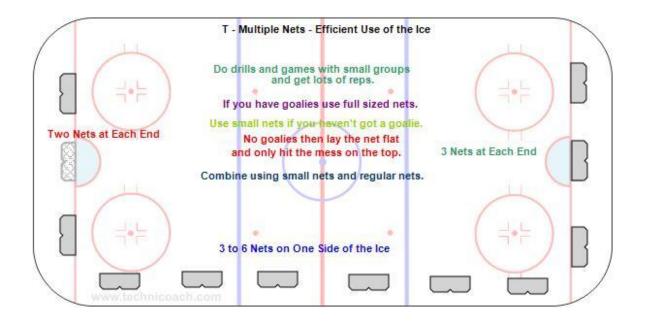
Description:

- 1. Put 2 to 4 nets on each goal line or you could have them along the boards practicing across the ice.
- 2. Players line up just inside the blue line or for older players outside the blue line.
- 3. One player defends while the first player in line skates around the other player and attacks 1-1.
- 4. When the play is over the original attacker skates out and defends vs. the second player in line.
- 5. When the play is finished the defender passes to the first player in line and skates out to close the gap.
- 6. Add an attacker and play 2-1 or 2-2.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20160930105222381

https://youtu.be/LSZF1UBInK8

DT4 -Regroup Low Point Shots-Czech Youth Camp https://youtu.be/uyYC1GcN9gc



^{*} You could have net at each red line to make 8 stations.