C3-B600, 2 on 1 x 2 - Pro

Key Points:

One high one low, one fast one slow on the attack. D identify the most dangerous attacker and shots from the middle. No whistles so players have to watch and start toward the open end of the ice.

Description:

- 1. F's line up at diagonal blue lines and D's at opposite diagonal blue lines.
- 2. D1 pass up the boards to F1.
- 3. F1 skate to the middle and pass to F2 who crosses behind as D1 closes the gap.
- 4. F1-F2 attack 2-1 vs. D1.
- 5. Coach mirror the play from the high slot. (A player could also do this)
- 6. D2 pass to F3 and F4 skate back and cross to attack D2 the other way.
- 7. Finish the attack with a goal, frozen puck or D pass to the coach.
- 8. Players watch to see which attack is finished and start the 2-1 in that direction.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20130717135909954

C600 - 2 on 1 x 2 - Pro https://youtu.be/UTa1bQmU ZM

