B202 - Regroup x 2-Shot - U17

Key Points:

Face the puck at all times and give a target. Follow the shot for a rebound and shoot while skating.

Descriptions:

- 1. A's leave from diagonal lines and pass to B's at the opposite blue line.
- 2. A's skate to the red line facing the puck and get a return pass from B's.
- 3. A's now skate toward the original end to the red line and exchange passes with C's.
- 4. A's skate in and shoot then circle back to rebound for the next shooter.
- 5. B's repeat in the other direction making passes to the first player in each line and shoot.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150820113007194

https://youtu.be/5LJt8Dsprl8

