## D100 15 Goal Game

This is a contest of forwards vs defense and goalie. The aim of the forwards is to score 15 goals as quickly as possible while the defenders try to make it take as long as they can. Time how long it takes and use this as the mark to beat the next time you play the game.

- 1. C3 Formation with forwards on one side and D on the other. Have the dark D play vs the light F's.
- 2. 2 F's attack 2-0 with a max of one pass allowed. You can score on direct reboungs.
- 3. Coach passes a new puck and they attack 2-1vs a D who has followed the initial 2-0.
- 4. After the 2-1 a new forward joins the original 2 F's and 2 new D skate to the blueline.
- 5. After the 2-1 attackthe other coach passes a new puck to the 3 F's who attack 3-2 vs the 2 new D.
- 6. When the 3-2 is finished the coach passes a puck to F3 in the high slot who shoots while the other forwards screen and tip and the D seal their sticks to the outside.
- 7. The coach now passes a new puck to F3 who goes the other way on a breakaway.

Players really like this game and you create a lot of situations.



