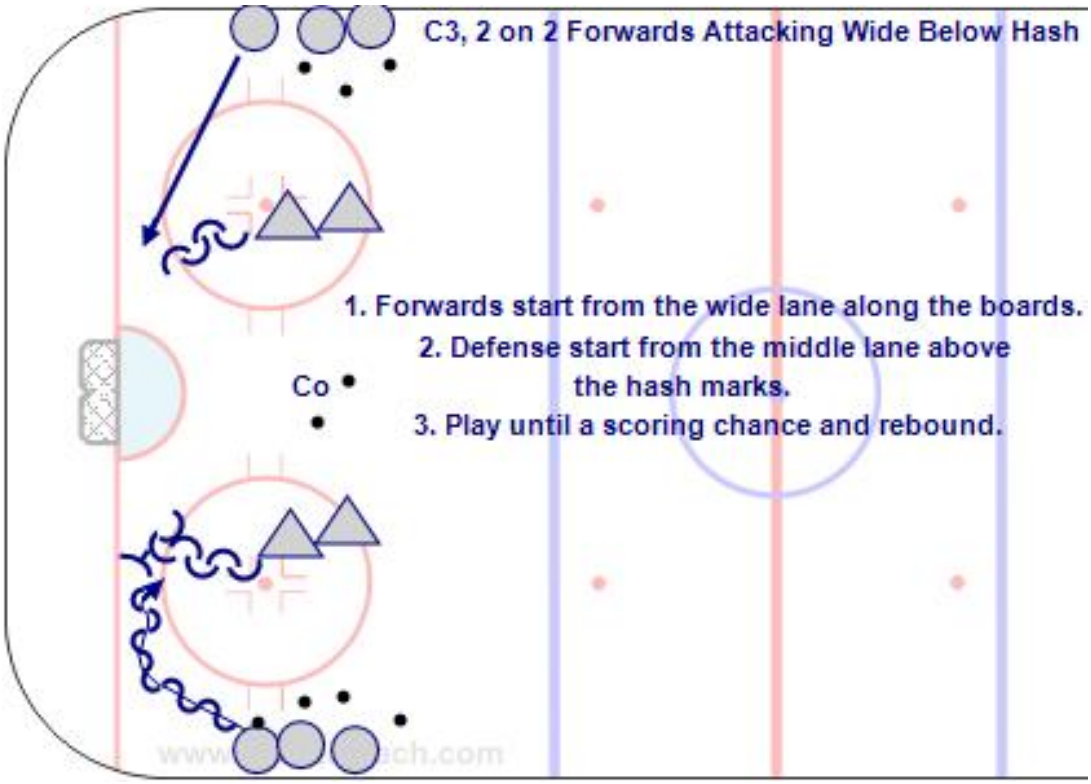
C3, 2 on 2 With Forwards Attacking Wide from Below the Hash

Key Points:
Defense must keep their heads on a swivel and sticks in the passing lanes. Control the attackers sticks in the slot. It is a battle to gain the net side between the attackers and defenders. Attackers protect the puck. Defenders stick on the puck and body on body.

Description:
Practice the offensive and defensive skills of a 2-2 with the forwards wide and starting behind the hash marks. The D has to communicate while seeing the puck and their man. Forwards protect the puck, cross and fight for rebounds.
1. Forwards start from the wide lane along the boards.
2. Defense start from the middle lane above the hash marks.
3. Play until a scoring chance and rebound. If the puck is shot out the coach puts in another puck.

http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090903073940918